

1. Statistics RM

Social protection

According to the Ministry of Labour, Family and Social Protection of the Republic of Moldova on 01/01/2012 from records of social protection were 638,300 pensioners or 11,200 people over the previous year. Of total pensioners, 74.1% are old age pensioners.

In the structure of old age pensioners, persons aged 60 years and over is 87.6% in 2011. Women's predominantly in the structure of old age pensioners - 83.0%, while in total number of elderly, their share is 67.2%

Old-age pensioners by age group and sex, 2009-2011

	2009			2010			2011		
	<i>total</i>	<i>men</i>	<i>women</i>	<i>total</i>	<i>men</i>	<i>women</i>	<i>total</i>	<i>men</i>	<i>women</i>
Old-age pensioners, thousands	457,9	130,4	327,5	460,5	129,4	331,1	473,1	131,1	342,0
<i>including by age, years:</i>									
<59	62,6	0,6	62,0	58,9	0,4	58,5	58,5	0,5	58,0
60-64	84,7	18,5	66,2	101,8	22,5	79,3	120,0	29,0	91,0
65+	310,6	111,3	199,3	299,8	106,5	193,3	294,6	101,6	193,0

According to the Household Budget Survey of total households in 2011, almost one in three is made up of at least one person aged 60 years and over. Of total elderly households, 60.8% are in rural areas and 39.2% respectively in urban areas. Distribution of elderly households by number of persons in the household reveals a preponderance of households consist of one person (62.8%), households of 2 persons were presented at a rate of 36.8%. About 63% of households consist only of the elderly, and the rest are households containing it are other people.

Living conditions of elderly households.

Elderly households appear to be less favorable conditions regarding the level of equipment and comfort of housing detainees. If households with elderly and others in a proportion of 40.4% have bath or shower in your home, then only 30% of elderly households have these conveniences. The situation is similar if we consider also the provision of water supply and sewerage system.

Housing facilities/ with the main commodities

Meaning of the diagram:

Grey lines: households with elderly and other persons

With lines: households, only with elderly

1. telephone
2. bathroom and shower
3. autonomous or central heating
4. public gas connection
5. canalization
6. public water supply



There are significant differences in the provision of main commodities of elderly households in villages and cities. Since the construction of housing blocks and connecting to networks involving water supply, sewerage and heating, respectively urban elderly households living in better conditions than those in rural areas. Thus, 87.2% have urban water supply, 79.7% - public network gas, 81.2% - of sewerage systems and more than 50 percent - or independent bathroom and central heating. In contrast to only one in ten rural households have piped, bath or shower inside the cylinder of LPG use in households, 71.2% and 5.7% in general do not have gas. All this is due to several factors, the main one being the limited financial possibilities, there are alternatives such as the use of stoves or water supply from pump, wells etc.

Payment of home care services is a burden for households containing elderly. Nine out of ten households with elderly encounter difficulties in paying heating, four out of ten households in paying gas and around a quarter of these households encounter difficulties in paying electricity bills. As a result, 36.4% of urban households with only elderly living conditions assessed as bad or very bad (in 2010 -35.4%), while in rural areas where much of the households do not commodities have only 25.8% of households consisting only of elderly people are dissatisfied with the standard of living (2010 to 24.7%). Previous year, 67.1% of elderly households living just said that, 29.5% - worse or much worse and only 3.5% said they live better.

Numerous studies show that, with the retirement changes financial situation of the elderly. Currently, the amount of pension is only 26% compared to the average wage. Thus, about 90% of pensioners have a pension of less than a thousand lei, which greatly affects the wealth of older people and prevent them from having a normal life, so the state must make broad strategies to improve the situation. "Only 3-4 percent of Moldovans as old as supplied with the necessary, rest suffer of poverty. It is a big poverty in households and elderly homes.

Pensions:

96 % of pensioners live below the minimum poverty.

According to statistics, in Moldova live more than 500,000 people older than 60 years or 15% of the population. **Medium** Pension Average this year, is 865 lei (ab. 55 euro). For comparison, the average pension in Lithuania is 128 dollars in Ukraine - 142 dollars, in Russia - 285 dollars. Pensioners in France receive, on average, a pension of \$ 700 - 1164 dollars and Denmark - 2800 dollars!

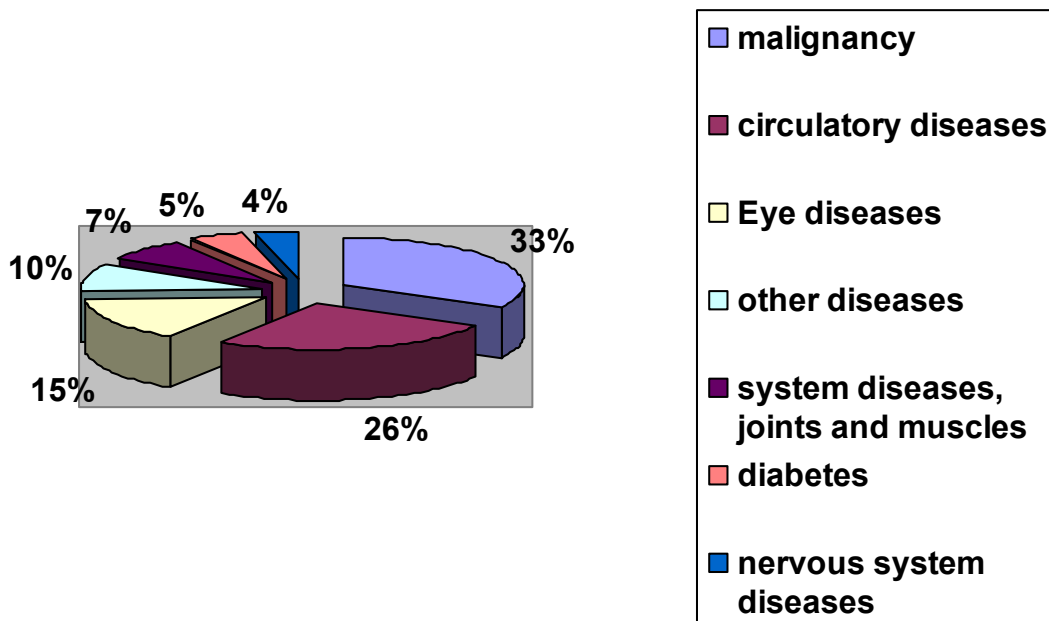
In Moldova over 52 thousand elderly receive a **minimum** pension of 625 lei (ab. 40 euro) for agricultural workers and 702 lei (45 euro) for beneficiaries of other categories.

Health

The overall incidence of elderly, as in other segments of the population, is characterized by the predominance including cases of malignant tumors were recorded annually over 4600 people with first diagnosis. On average, 57% of new cases of malignancy were recorded for people aged 60 and over years. Per 100 thousand population of the same age back 869 new cases of malignancy. Men suffer more often malignant in 100,000 men aged 60 years and over 1 181 new cases yearly return of malignancy compared with 665 cases per 100 women of the same age. The highest incidence of malignancy recorded for the age group 70-74 years: 1538 cases per 100 000 men of the same age and 758 cases per 100,000 women.

According to statistics, 7.6% of the elderly reported health as good or very good, 55.3% - satisfactory, while 37.2% consider it bad or very bad. Elderly living in urban areas (61.2%) more frequently declares a satisfactory health status than those in rural areas (51.3%), while health is bad or very bad frequently declared areas (41.7 % compared to 30.3% in urban areas). About 63% of elderly people suffering from chronic diseases, the highest prevalence rates were recorded for cardiovascular diseases (44.6%), osteoarticular system diseases (16.6%), digestive diseases (9.7%) .

Structure of the persons aged 57 years and older with disabilities diagnosed for the first time in 2011



Conclusion:

In conclusion to all these statistics and facts, we can understand why the elderly still need Neoumanist provided services and help. The financial state of the elderly is still very complicated. They can't afford the basic needs. The physical and psychological statement are year by year worse, but the elderly maintenance possibilities are minimum. So the Day care center is indispensable for the elderly.

2. Activities and outputs

Reporting on the activities and achieved results

1. In medium 261 elderly citizens were registered during the 2012 and benefited from the day care center services. The table below shows the number of beneficiaries in dynamics starting with 2004.

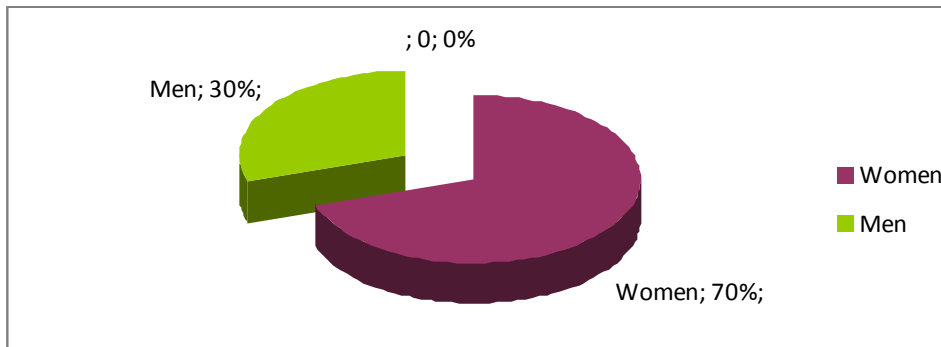
Table 1: Changes in beneficiaries' groups over 2004-2011

	2004	2005	2006	2007	2008	2009	2010	2011	2012
Attended during all the year	220	314	280	307	265	285	289	280	261
Newly registered	245	125	10	33	30	20	34	20	11
Died	10	13	8	29	33	21	11	16	8
*	15	18	36	38	39	44	42	61	33

* *Beneficiaries left the project (changed the living place) or were excluded because of the non-attending the center (after an evaluation of the social assistance department).*

Diagram 1: Gender distribution of Rasarit beneficiaries

Beneficiaries according to gender equality



The distribution of beneficiaries according to the gender is the following (**the procentage didn't change in 2012**):

70 % female (208)

30% male (89)

Among them 39 % are people with disabilities.

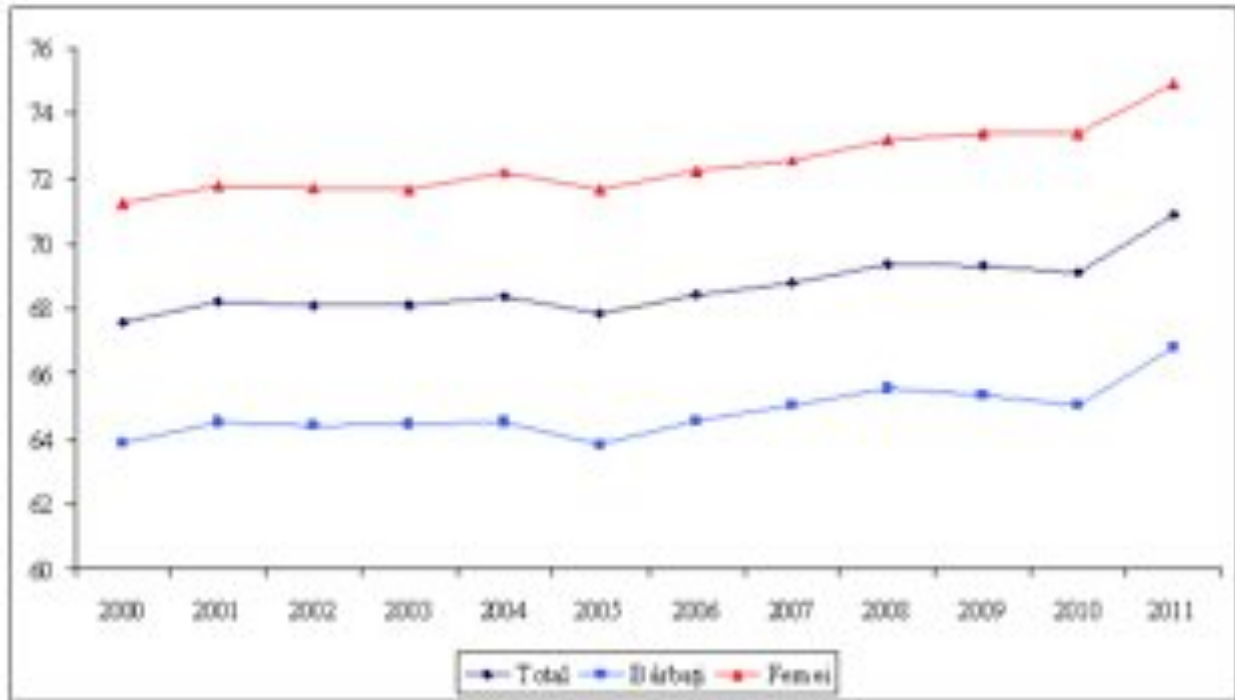
The number of men is rather small in comparison with the one of women. The main explanation is that the average life expectancy is evidently higher among women, the rate of male mortality being higher as well. Also, the main reasons are: a higher percentage of men are exposed to accidents, smoking is more practiced by the men, alcohol abuse, and psychological stress.

Another important reason is of a psychological nature. Thus, men are looking more skeptical on the project and are more reluctant to visit the center, failing to recognize their need for assistance. Some of them refused to benefit from the project from the very beginning, without knowing the purpose and the activities.

Average life length in the Republic of Moldova in 2011

National Bureau of Statistics informs that since 2000 a continuous increase in life expectancy can be observed, except for in 2005. In 2011 (these are the last statistics), this indicator registered its maximum duration - 70,9 years, including 66,8 years for men and 74,9 years for women. The significant increase in life expectancy was influenced by lower general mortality rate - 11,0 deaths per 1000 inhabitants.

Life expectancy in Republic of Moldova 2000-2011



- Dark blue line- means TOTAL
- Light blue- Men
- Red Line- Women

Women live longer than men by 8.1 years. This difference is due to higher levels of premature mortality of men. Due to different levels of mortality in 2011, average life of urban residents was higher than those in rural areas, each 3.59 years respectively for both men and women.

RASARIT DAY CARE CENTRE'S TOTALS FOR- 2012

In 2012 the Rasarit center was visited **12197** times in total.

Public kitchen provided services **10950 times** (at the center **7392** times and at home **3558** times).

Public bathroom provided services **3203 times**. In average 13-14 people were using public showers daily, some of them, disabled, being transported to the Day care center.

The laundry washed a total of **1723 washes** (* 5 kg) per year 2012.

Note: some numbers a low, because in :

December- were holidays and a very cold weather

July-August the center was closed for 2 weeks

Diagram 2: The dynamics of meals serving in 2012

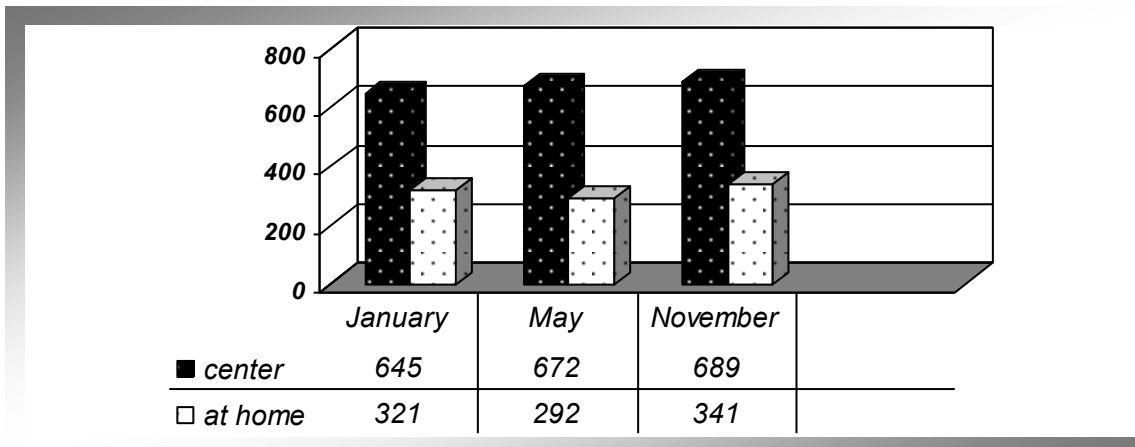
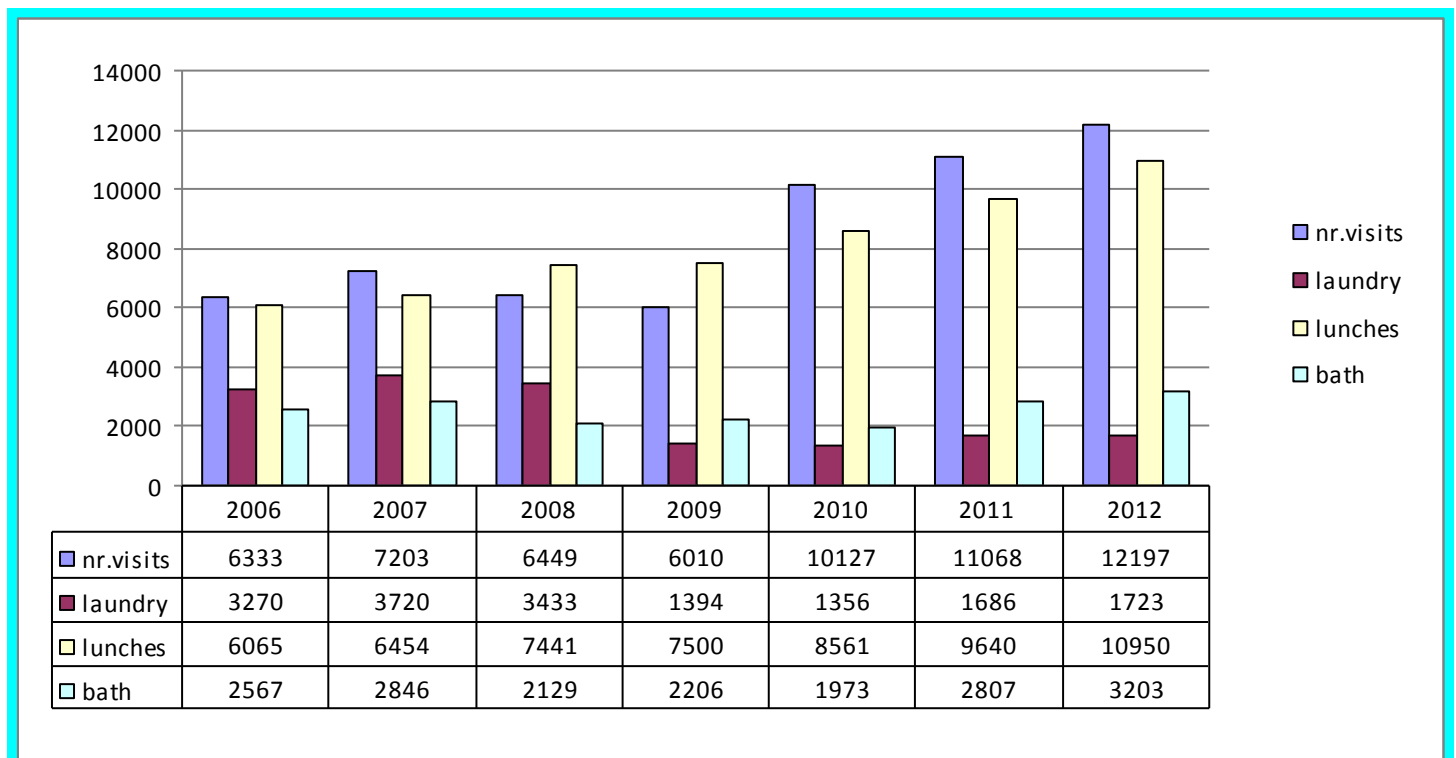


Diagram 3: Services provided to beneficiaries in Rasarit during 2006-2011

Offered services

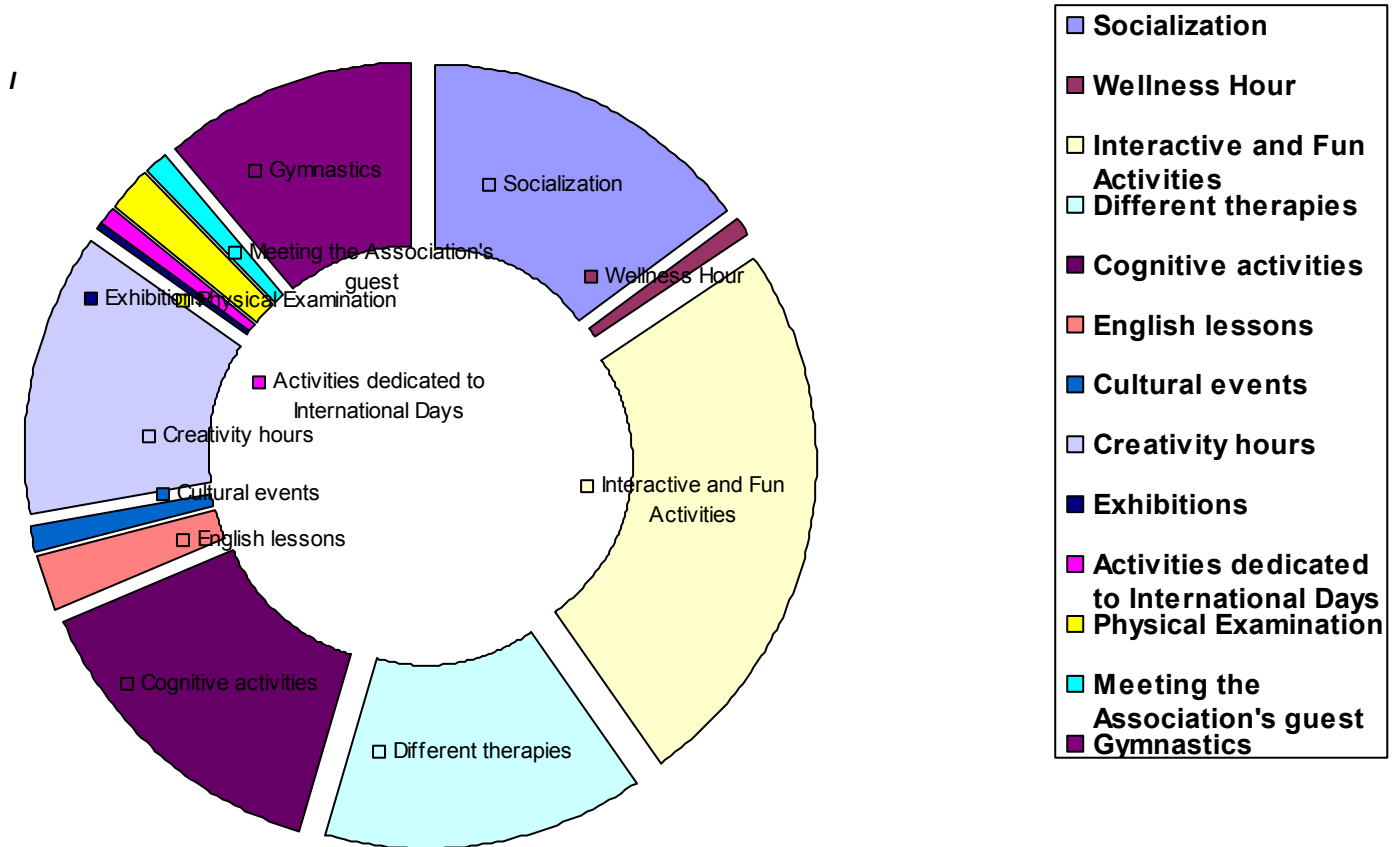


***-though the number of elderly is smaller in comparison with 2011, the nr.of visits is higher, because the elderly started to attend more frequently the center, sometimes even more than 3 times a week.**

- Day care center has been daily visited by 20-25 elderly (mostly group A beneficiaries) to watch TV/video, read newspapers, books, play games, music, attend lectures, sports, English classes. The center provided different services for 40- 50 beneficiaries daily (for elderly from group A,B,C/plus elderly to whom were delivered lunches at home). In medium, 13-14 people took a shower in the center. Laundry was washed for 7-8 beneficiaries daily.
 - The social-assistant is responsible of management of social services, insurance implementation of legal framework for social assistance, assurance of the quality of services provided by the institution. Planning and Organizing social, cultural activities and different trainings for the beneficiaries, organize files, documents and other acts. Also, reporting the organization's activity to the executive-director.
 - Visiting newly register beneficiaries or beneficiaries, who expressed their desire to be changed in a different group for ex. from B to A) : It is formed a commission of 3 persons, that is visiting the beneficiary to determine his or her, real situation and living conditions. After the visit, the commission is taking a decision, that is recorded documental.
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- The social-assistant offered psychological support for the elderly through numerous discussions, listening to their stories and offering consolation, sharing-group stories, walking outside, reading paragraphs from the Bible, different therapies.
 -]The beneficiaries are divided into three groups (Monday-Wednesday-Friday group and Tuesday-Thursday- Friday group). It is organized in such a way that more beneficiaries are able to use the facilities at the day care and also in order not to create too high dependence on the center.
- The Groups are selected according to the situation of the elderly and their necessities.
 - For example Group A benefits from all the services the centre is giving, this is the most vulnerable group. Group B are offered laundry and bath services plus socialization activities.
 - Finally, the Group C, are the elderly who are coming to the centre in order to have bath and socialization activities. This group does not rely much on the center in its daily life, still it place an important role as a socialization place. Taking into consideration the fact that running water is not supplied everywhere in Straseni, the possibility to have the linen and clothes washed is an important benefit for the group C elderly.
 - The categories are selected by a commission composed of superior social assistant, project coordinator and the social assistants of Straseni town, who are offering information about the situation of the elderly in the town.

The Diagram 5 shows the distribution of activities during 2011

Diagram 5: Social activities distribution in 2012



According to the diagram, the most practiced activities in 2012 were socialization activities, cognitive activities, interactive and fun activities, gymnastic. This year the activities were proportionally divided in several groups. Socialization activities included a large variety of discussions, interaction, debates etc. Also in 2012 increased the number of different relaxation and stimulation therapies like: ergo therapy, art therapy, music therapy, etc. Also the number of Interactive and fun activities increased, English lessons, creativity hours and wellness hours.

Planned activities were classified in several groups:

Socialization (discussions, interaction, debates etc)

Cognitive (lessons, discussions, practical advices, trainings, lectures on different topics)

English Lessons

Cultural Events

Gymnastics

Interactive and Fun Activities (singing, dancing, poetry recitals, interactive games, etc)

Creativity hours (Knitting, crocheting, sewing, creating greeting cards, applications, etc)

Exhibitions

Activities dedicated to International Days

Meeting the Association's guest

Wellness Hour

Physical Examination

- Gymnastics : 180 times;
- Cognitive Activities : 230;
- Entertainment Activities (fun activities) : 400:(Sing and dance together (learn new songs) : 150 / Poetry recitals : 20/ Interactive games : 230)

- English Lessons: 40
- Creative Hours (knitting, crocheting, sewing, creating greeting cards): 200;
- Cultural Events : 20
- Different Therapies: 224 Occupational therapy (Cleaning the Association's territory; helping to plant vegetables in the greenhouse, cleaning potatoes etc): 100; Trip Therapy:4; art therapy, music therapy and other therapies: 120
- Beneficiaries collaborating with volunteers: 27.
- Meetings with the Association's guest : 19
- Exhibition: 5
- Activities dedicated to International Days (i. e. Int. Earth Day, Int. Women's Day etc):12 ;
- Trainings for beneficiaries and workshops (medicinal herbs, natural advices, etc):10;
- Cinema Club : watching documentaries, artistic films and videos;
- "Rasarit" choir: 30 repetitions;
- *Wellness Hour*: discussing about the importance to look good and that life is worth to live. Also, providing hair cutting for beneficiaries, by a local volunteer: once a month.
- *Physical Examination*: Every half a year, we decided to make a bi medical control of the elderly. A medical assistant is making the check and also is discussing with them about the importance of personal hygiene.

Also, medical assistant is checking more often the elderly when it is necessary and of course the newly register beneficiaries.

- *Farewell parties*: organized by the elderly, for the volunteers.
The elderly are singing, dancing and offering hand made gifts.

Collage technique: making with beneficiaries different collages, on different topics. This is a work of formal art, made the assembly of different shapes to create a new form. This activity helps to develop the elderly imagination and creativity.

Several therapies were practiced

1. Ergo therapy
2. Music therapy
3. Dance therapy
4. Art therapy, etc.

Ergo therapy (occupational therapy): Working outside and inside the center it's a very good therapy which is decreasing stress and other psychological problems. Cleaning the Association's territory; helping to plant vegetables in the greenhouse; helping the kitchen to clean the potatoes, carrots etc. The beneficiaries like a lot to work and to help the center, it is very important for their emotional and physical health. Some of them a regular asking for something to help in the center.



Photos: Helping outside and inside the center



Photos : The results of picking quinces

Music therapy and Dance Therapy:

The positive effect of the music is well known. Beneficiaries like to listen to relaxing music and have been taught several relaxation techniques.

World Health Organization estimates worldwide, that between 60-85% of the population leads a sedentary lifestyle. The results of scientific studies on the effects of dance therapy on health, indicates its effectiveness on improving self-esteem and reducing stress. Its main benefits are generally promoting health; alleviates stress, anxiety, physical tension and chronic pain. In addition, it serves to reduce the symptoms of depression. It is a good exercise, which increases mobility and muscle coordination and reduce muscle tension. From emotional point of view, it increases self-confidence, promotes interaction between people and is a way of expressing feelings.

The beneficiaries like a lot to dance, here are some remarks: **“We like to dance! We remember the youth. The dance parties a full of joy and we have possibilities to be friendly and to interact with everyone...”**



Photo: Dancing Together

This Choir, “Rasarit” continued to repeat old songs and to learn new ones. The results of repetition are proved during the elderly performance, at different cultural events.



Photo: During the repetition

Art therapy:

The art-therapy is practiced at the centre, in order to diminish the stress and depression. The elderly wished to have these activities very often, they made a lot of beautiful things at the art-hours (as greeting cards, drawings on different topics, collages, applications, etc.).



Photo : The results of the Art Therapy

The trips through Moldova were like a therapy for beneficiaries to diminish the stress and depression, so we called them: „ **Trip-Therapy**”

In 2012 were organized the following trips:

1. Natural Archeological Complex “ Orheiul Vechi”
2. A.Puskin Museum from Dolna village
3. Monastery Curchi
- 4.. National Museum of Ethnography and Natural History

Photo1,2 : Puskin Museum and National museum



• **Cognitive Activities :**

(* Reading time -reading and analysis of the periodical press, the beneficiaries read books and magazines on various topics, and new ideas or information are exchanged.

*Encouraging Discussions and consolidation the group of beneficiaries

* Psychological support - targeted discussions

* Educational Hour-developing the sense of compassion and altruism

- * Educational and informative hour (rights and obligations of beneficiaries in the center)
- * Health improvement advices-article
- * Knowing Medical Herbs
- * Visiting Moldova together! -local articles about tourist destinations
- * Animal Planet
- * Discovering the World (discovering other countries, cultures, geographical locations, etc..)
- * Great inventions of the world

Photos: Analyzing articles and reading time



Photo: Often the elderly of the centre prefer to have small meetings outside to discuss interesting subject, to sing together and do different activities .

Gymnastics:

.During warm periods it is performed outside, while in the cold weather inside the center. Daily gymnastics are attended by an average of 10-15 elderly a day. As a result, their physical condition and body coordination has improved.



• Main Cultural Events :

- **14th of February:** The elderly colored hearts and made cards, wrote messages and the drawings were exposed, so everybody could enjoy the atmosphere.



- **8 of March : Women’s Day- Neumanist Association made a surprise for grannies: invited children from the kindergarten “Snowdrop”.** They sang songs and recited nice poems dedicated to the 8-th of March. The party ended with an artistic moment presented by the elderly and dances. Every granny received a small gift from the Association.



- **Easter-** Neumanist Association before Easter holiday, launched a fundraising campaign *Make elderly Happy on Easter*. Several companies donated money for buying Easter cakes.



9 of May - Victory Day - Neumanist Association has organized traditionally for beneficiaries, a concert dedicated to 9th of May- The Europe Day . Elders were glad to see the Ensemble “Gingasie”of Lyceum “Onisifor Ghibu”, from Chisinau (winners of several municipal and republican awards), artistic director, Mr. Dumitru Nirca and the student of Lyceum “Ion Vatamanu ” Straseni – Negara Grigore. Children have offered us their talent and spirit of good will. Their smiles and willingness to share the beauty of their youth have revived beneficiaries and even urged them to dance together. The elders thanked them with flowers from their gardens and hand-made gifts, wishing them success in their artistic and personal career.



• **June 1st - International Day of Children:** June 1st- The International Children’s Day is traditionally celebrated at Neumanist with staff children. We also invited children from kindergarten „Albinuta” from Straseni, that evolved with an artistic program and brought many smiles on the faces of elderly. Together with children, the elderly participated in various fun games, they remembered all that childhood is not only a stage of life. Each person has hidden in the soul restless and innocence of a child. The children of the staff recited poems to enjoy all present. The elderly, also recited funny poems in English. Finally, local volunteer, Negara Grigore sang various songs- dedicated to all those present. The music raised the elderly and children to dance.



October 1 - International Day of the elderly: Neumanist Association organized a festive concert for the elderly. Among the guests of honor were: Straseni Mayor, Ms. Valentina Cassian, representatives of Bioprotect Company: Marina Crijanovschi and Alina Zbanca, DaacHermes Company representative, Ms Svetlana Bulat. Artistic groups that came to evolve for free for the elderly, enjoying them with a great artistic program. We thank the band “Success”, dance group “Kaleidoscope” and first grade students from “Mihai Viteazul” Gymnasium, teacher- Ms. Larisa Siminovici. Exhibitions “Golden Autumn” and “Grandma’s recipes” have shown that the elderly are still young and full of innovative ideas!



December - a concert dedicated to New Year and Christmas : Neoumanist elderly did everything in advance. They decorated Christmas tree with toys and love. They presented carols, poems, songs with childish emotions on the microphones. As children they are waiting for Santa Claus with presents. They wanted to speak with him, to share their wishes and needs, with hope for better future. Their biggest wish for the sponsors is to be healthy for many years and for the elderly to have warmth in the houses and in the souls. The elderly were visited by the ensemble Flame lead by Anatol Saptefrati. Grigore Negara, local volunteer sang nice Christmas songs. The songs made the elderly to dance , to feel good and to forget their problems. At the end of the party, the representatives of CICO consulting company brought a wonderful cake for the elderly.

Every elderly received as a gift a pair of shoes from Santa Claus.
The elderly thanked everyone for surprises.



- **MISS GRANNY 2012:** Neoumanist Association held the third edition of MISS Grandmother. This year was attended by eight competitors. Grandmothers have proved oratorical talent and music talent as well. They demonstrated ability and ingenuity in preparing vegetables for competition that provided a ” potential soup for grandchildren”! The biggest emotions were during the song contest, each grandmother chose a song, which they sang with much dedication and love for all those present.



- *Interactive and Fun Activities (singing, dancing, poetry recitals, interactive games, etc):*



Photo: Poetry Recital at the “M.Sadoveanu” Public Library



- **Creative Hours** * (Knitting, crocheting, sewing, creating greeting cards, applications, etc) : For elderly it was a pleasure to learn new techniques and to improve their crocheting and knitting skills. Some of their works were sold at different fairs we have participated this year. Also, the beneficiaries were glad to give presents to volunteers made by themselves.





The results of Creative Hours



- **“Meetings with the Association's guest”**: due to this activity our beneficiaries have the possibility to meet different specialists and to discuss their problems and to get competent advices. Also they have the possibility to meet new friends and to start new collaborations.



For example, in the context of cooperation with the National College of Medicine and Pharmacy from Chisinau, Neumanist Association was visited by the student of the last year, Profile: General Nursing: Varzari Iulia. The purpose of the visit was theme analysis: Prevention of Tuberculosis. The beneficiaries have actively participated in discussion and analysis. They watched a documentary film; which was very informative and instructive: “Tuberculosis- a treatable disease.” Finally, the elderly asked many questions about the subject in question, as well as questions about personal health.

- **“International Days”**- the elderly could be informed and know what important days are around the world.

“International Days”celebrated:

- **11th of January - International Day of Thank You**



- **21st of January- International Hugs Day**
- **8 of March - International Women Day**
- **21st of March - International Day of Poetry**
- **22nd of March - World Water Day**
- **12 of April - International Day of Aviation and Cosmonautics**
- **22nd of April - International World Earth Day**
- **April 29, European Day on Intergenerational Solidarity**
- **1st of June – International Children Day**
- **21st of September - International Day of Peace**

- 1st of October - International Elderly Day
- 21st of November - World Television Day

Since 2009 EU celebrates on April 29, European Day on Intergenerational Solidarity. This year this day has a special significance, given that 2012 is European Year of Active Ageing and Intergenerational Solidarity. In this context, Neumanist Association organized a meeting between generations, in a concert with following participants: Children from Kindergarten No. 2 “Mugurel” and Republican Asylum Choir, from Chisinau and Veterans choir, Buiucani.



• **Developed skills of the elderly:**

Organizing courses for teaching skills that would build the capacity of the target group, gaining their independence:

1. Embroidering Course (4 beneficiaries),
2. English Course - (7 beneficiaries) ,
3. Knitting – 7 beneficiaries,
4. Crocheting -4 benef.



Photos: English Lesson and knitting



- **Exhibitions:** The elderly like very much to participate to different fairs and to expose their hand made works. Also we are organizing exhibitions within the Association, during different cultural events and permanent exhibitions are exposed in the activity room.

Photo:A fair in Chisinau



- **Wellness Hour:** Local volunteer is coming once in two months or sometimes more often to make hair cuts to all the beneficiaries. Also, during this hours we are discussing about the importance to look good and that life is worth to live. So,



this activity is bringing many smiles on their faces and a state of joy.

- **Physical Examination:** Every half a year, we decided to make a medical control of the elderly. A medical assistant is making the check and also is discussing with them about the importance of personal hygiene. Also, medical assistant is checking more often the elderly when it is necessary and of course the newly register beneficiaries.
- **Raising the social responsibility of the local community:**
 1. Collaborating with the Local Social Assistance Department: every month;
 2. Collaborating with the Center for Family Physicians (CMF) of Straseni : every month

3. Collaborating with local Post-Office; every month
4. *Raising the social responsibility of the local community:*
5. Kindergarten, Children's involvement in Cultural events: 8 times
6. Student's involvement (Lyceum " Ion Vatamanu"): 5
7. Collaborating with District Public Library " M. Sadoveanu" : 10
8. Collaborating with The Art School : 4
9. Collaborating with the Local Russian Community: 3
10. Collaborating with the Charity Mission and Welfare for Persons with Disabilities in the Republic of Moldova : 2
11. Collaborating with Mold Telecom: 2
12. Collaborating with the National Philharmonic Chisinau: 2
13. Collaborating with the State University Chisinau:3
14. Co-operation with the National College of Medicine (Moldova).
15. Collaborating with Local Choir "Flacara din Lacrima" : 2

- **Collaboration with "M. Sadoveanu" District Public Library:** together we organized book exhibitions, poetry meetings and we were invited to book releases and meetings with moldavian writers at the Library.



- In the context of the cooperation agreement with the State University of Moldova, Neumanist Association has trained five students in professional practice. They were students of the Faculty of Sociology and Social Work, final year and master degree. Choosing the specialization: social assistance of the elderly, students were assigned to Neumanist.



Photo: Student's Professional Practice

Association has endeavored to give them the necessary training and specialized information. Students were actively involved in social activities of the projects. Beneficiaries appreciated student's sincerity, their attention and also many interesting social activities made by them.

• **Community awareness:**

Forming of the committee of the elderly citizens that will defend their rights, lobbying the local government and seeking their involvement in the City council: all the beneficiaries are members of the committee, but it is lead by the board that it is consisted of 9 members.

Meetings: once in 2 months

Lobbying at the local government and seeking their involvement in the City council. Every meeting is seeking to discuss the problems the beneficiaries met in their day by day life. Also they are discussing about the proposal and suggestions they have, for the Neoumanist administration and what new services do they want to benefit in our project. Here are some of them:

New Services- A Doctor, Massage services, sports equipment specialized for elderly, Microphone system. New activities clubs, summer camp for elderly.

Suggestions and wishes: " we wish you to find more sponsors", **Most of the elderly have written words of thanks and they like very much all the services provided in the center, and in general they do not need anything new. All of them expressed their desire and wish, that the center will continue to activate.**

- During 2012, beneficiaries collaborated with **27 international volunteers** and participated, involved in different activities, which were organized together. Also , for the volunteers , together with the elderly, we are organizing **Farewell parties**. The elderly are thanking them, singing and offering hand made gifts.



Photos: Small Farewell parties for volunteers



- ***Delivering warm and hope for a better future*** : Every year, Neumanist Association, with the support of SOM (NHADAM) Foundation (The Netherlands) help the beneficiaries of Day Care Centre Rasarit and of the project Home –Care, providing them with coal for the cold period of the year.

That’s why every year the help of SOM (NHADAM) Foundation Netherlands, is not only welcome, but it is a vital one. This year, a very dear volunteer to us Welmoed Lebbling donated as well an amount of money to purchase coal for the elderly.



- **Neumanist Association had in 2012, an unusual collaboration, both for beneficiaries and for all team members. We had the chance to be protagonists of the TV show ” Jobs without frontiers”, which was filmed within the Association by Belgium television.** The purpose of the program was to integrate volunteers in the daily activities of the three projects: Day Care Centre, House for elderly and Home Care. Volunteers practice the same profession in Belgium. Among them were: nurses, social workers and a cook of the Belgium Center for the elderly “Vincenthof”. It was a beautiful collaboration with both 4 volunteers, as well as the crew members, who have shown professionalism and friendship.



Photos: Belgium TV and volunteers from “Vincenthof”

- **Farewell to Kindergarten**



Neumanist Association collaborates with the local community, encouraging volunteering. So the Association have volunteers of all ages. The youngest volunteers are children from kindergarten No.3, Group Martinica. The last three years we collaborated at different cultural events organized at Neumanist. The children enjoyed the elderly with various artistic programs, have brought many smiles on their faces. Giving us warmth and innocence, they have become grandchildren for our grandparents .

But time passed and the children have grown and have completed kindergarten. Together with the beneficiaries, we participated at the summarizing concert called “Farewell to Kindergarten”. We wished them success for the first school year and encouraged parents to continue to educate the spirit of volunteering in their children. We thanked Ana Oborocean, the educator, for her efforts and expressed our desire to continue collaboration with a new group of children for the coming years.

- **Neumanist beneficiaries attended the Folk Festival “Nenea Simeon”**

The Representatives of Neumanist Association and the beneficiaries attended the Folk Festival “Nenea Simeon”, which was organized and took place inside Straseni Kindergarten No.2 . The festival was dedicated to the memory, Mr. Sirbu Simeon. He was an accordionist, musician who worked in the kindergartens of Straseni for 55 years He was a man with a big heart. He loved children and it was a mutual love.



We met Simeon in the Day Care Center “Rasarit”. He worked as a volunteer for several years, accompanied us during all the cultural events. The repetitions and holidays with him were much appreciated by elderly.

The festival was attended by seven kindergartens from the districts of Straseni, Criuleni, Ialoveni and Chisinau. The representatives of mayoralty of Straseni and District Council, headed by vice president, Mr. Nicula came to the festival as well. For next year, he promised the festival to be organized by the Council and a greater number of participants will be invited

Each participant was given a trophy, prepared by the family of Mr. Simeon and offered by his daughter.

Innocence, tenderness and children’s talent reminded us the smile and warmth of Mr. Simeon or Nenea Simeon



(Uncle Simeon), as he was called by the children!

We are planning to attend the festival in 2013, too.

- **Statistics:**

Beneficiary’s investigation (cross-examine, opinions):

1. 80% of the elderly could reintegrate into the community
2. 75% of the beneficiaries improved their psychological state
3. Every third elderly made new friends and new social environments
4. 90% of the elderly interacted between themselves.
5. 85% of the elderly eliminated the problem of solitude.

Also we asked some open questions:

1. What other services do you think we have to include, that will make you feel better in the center?

Answers, included: Doctor, Massage, sports equipment specialized for elderly, Microphone system. New activities clubs, summer camp for elderly.

2. Note, one thing that you think we should improve it primarily in the center?

Answers: Massage, more trips.

3. What other suggestions do you have for the administration?

Answers: "we wish you to find more sponsors!" All of them expressed their desire and wish, that the center will continue to activate.

Also, the elderly are often saying“ thank you for everything and for the people with big hearts around the world who are helping us...”

Tretiac Tamila said something that shows the importance of our project: “Thank you that there is a place in this world where somebody is still waiting for us and are glad to see us!”

The elderly still need our financial, physical and also very important, they need our psychological support!